

NAVIGATING THE TEENAGE BRAIN



Wednesday, January 30, 6:30 pm - 7:30 pm

Have you ever wondered why your teen makes the decisions they do? This presentation will outline how brain development and stress in teens play a major role in the behaviors we see in our children as they grow and develop. Dr. Stanford will discuss how stress affects brain development and decision making in our teens and will identify the difference between typical and atypical behaviors. Parents will leave with a clear understanding of their child's development and what they can do to foster healthy growth.



Speaker:
*Matthew S. Stanford, PhD, Chief
Executive Officer, Hope and
Healing Center & Institute*

