

# DIAGNOSING BPD

## *The Differences Between Undercontrolled and Overcontrolled Temperament*



*Wednesday, February 27, 6:30 pm - 8:00 pm*

The majority of treatment failures have been shown to be due to an undiagnosed underlying personality disorder. Treatment of personality disorders has been more thoroughly researched than ever before. One proposed way of looking at trans-diagnostic treatments is through the lens of over-control and under control. Treatment for individuals with pathological under-control of emotions is significantly different from treatment of pathological over-control, yet distinguishing the difference can be a challenge. In this presentation learn some of the key distinctions to determine appropriate treatment. This CEU event is geared towards Mental Health Professionals.

**1.5 CEUs offered for LPC, LMFT, LCSW, and Clinical Psychologist.**



**Speaker:**

*Karyn Hall, PhD, Licensed Psychologist, DBT Linehan Board of Certification, Certified Clinician, Certified Coach, Certified PE Therapist*



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